

# THE POWER OF PERSISTENCE

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I went recently to see the movie 'The Pursuit of Happiness'; if you haven't seen it, please go, it is great. It could be the story of so many of us and it is about some of the most important qualities we need in order to succeed and be happy.

It begins with a dream...well it is a dream we all have...to be happy...a good life...but for some people, maybe someone you know, maybe you, it seems that things do not really work out, and difficulties keep coming up.

Maybe you have experienced a difficult beginning in life, and you feel this is still preventing you from being the best you can be, and you feel disadvantaged, scarred. Or maybe you have experienced in the course of your life pain, redundancy, loss, separation, or else, and you feel that your energy is depleted.

And what happens to many of us after a while that we keep 'struggling', the mind might begin to become negative and there might be the temptation to give in to difficulties. And maybe we start looking at other people, at people who are happier or more successful than us and we feel envious, but this does not help.

What helps instead is **looking** for successful people who have beaten the odds, who have overcome maybe the same past, maybe the same problems, and achieved what you want to achieve, and **learn** from them, because if you apply to your life, remaining true to yourself, what they have done, you will get where they are and have what they have, happiness and success. It is simply a question of learning their **strategies**.

And one of the qualities you will see in all of these people, and you will see also in the movie, is the tenacity, the determination, the persistence to never **ever** give up, no matter what, and to keep following your dreams.

So, once you know your dreams, once you know what you **really** want, just go for it, and never ever give it up. Be prepared to put in a lot of effort, because that is the price you need to pay at the beginning for having it all. And once you have made a start everything will become much easier.

Another very important thing you need to do is have **faith**.

There is such an extraordinary power within you that wants the very best for you; that wants you to be well and be happy; that wants you to have in your life all the love you desire and deserve; that wants you to be successful; that wants you to create and live the life of your dreams.

And once you know what this power is, you will be able to heal yourself, to create, attract and manifest in your life anything that you truly want. But you need to know how to use it properly, because otherwise it simply creates what you do not want.

And then you will see that actually what you thought of as disadvantages, the difficulties in your life, have become your advantage, because they have enabled you to be the best you can be; they have enabled you to achieve what some people only dream of.

But in order to get there, you need never **ever** to give up. You need to keep going even when the going gets tough, because you are made of strong stuff.

I know you are certainly not a quitter, you are a winner, and I have the certainty you will be able to create and achieve whatever it is that you truly want. It is just a question of learning how the Laws of the Universe really work and you are already there.

**And you are going to make of your life a true masterpiece that reflects who you really are.**

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